Server Training Sheet: Cured Meats & Cheeses

**Cured Meats** 

Meat, Description, Flavor Profile, Guest Talking Points

Finocchiona

Traditional Tuscan salami seasoned with fennel seeds and garlic., Savory and aromatic with herbal, slightly sweet fennel notes., "Distinctive fennel flavor — aromatic and slightly sweet. A great intro salami."

Rosette de Lyon

Classic French salami from Lyon, made with coarse-ground pork, garlic, and red wine., Rich, rustic, and slightly garlicky with a deep, meaty flavor., "Traditional French country salami — hearty, garlicky, and balanced with a touch of wine."

Capicola (Coppa)

Cured pork neck or shoulder seasoned with paprika, chili, and herbs, then dry-aged., Tender, marbled, and slightly smoky with a hint of heat., "Capicola is robust and a little spicy with a melt-in-your-mouth texture."

Cheeses

Cheese, Origin / Type, Texture & Flavor, Guest Talking Points

Fourme d'Ambert

From Auvergne, France — cow's milk blue cheese aged about 30 days., Semi-soft, creamy, mild blue with earthy, mushroomy tones and gentle saltiness., "A milder blue — creamy and balanced, not too sharp."

Ossau-Iraty

Basque region, France — sheep's milk cheese aged 3–6 months., Firm but smooth; nutty, buttery, and slightly sweet., "A classic French sheep's milk cheese — nutty and rich with a clean, smooth finish."

Camembert

Normandy, France — soft-ripened cow's milk cheese with a bloomy rind., Creamy, oozy interior with earthy, mushroom, and buttery flavors., "Soft and rich with that signature creamy center — like a more rustic brie."